




# The 28.5 mile Manhattan Island Swim



## Become A Sponsor

- Donate One dollar per mile for a total of \$28.50
- Donate any amount to help us meet our goal

100 People+ 28.5 Miles =  \$2,850



The "Manhattan Island Swim" is being held in conjunction with SWIM FREE on Saturday July 16th

Visit us on [Facebook](#) or our website for details about our organization and this event.

[www.swim-inc.org](http://www.swim-inc.org)



The mission of SWIM inc. is to provide a safe and supportive environment for adults with mobility impairments to participate exercise emphasizing faculties of body, mind and spirit in a social gathering of caring and respect.